



YOUR GUIDE TO MAKING A CLAIM - Worldwide Plans

Please refer to your Insurance Certificate for full details of eligible benefits, benefit limits and excesses which apply to your specific policy. Please refer to your Membership Guide for definitions and terms and conditions.

Emergency Assistance: Healix

For all other countries where you have an emergency, require pre-authorisation or a guarantee of payment, our multilingual staff are available at Healix 24 hours a day and can be contacted on:

T: +44 (0) 1344 233911

For queries on general claim matters or a reimbursement claim, please contact:

T: +44 (0)1344 233900

E: claims@expacare.com

If you are in Lebanon, please contact GlobeMed on:

T: +961 1 518456

WhatsApp: +961 71 801776

E: assist@globemedgroup.com

Emergency Assistance - Sub Saharan Africa

If you are in sub Saharan Africa and you have an emergency, require pre-authorisation or a guarantee of payment, please contact our affiliated case management company Air Health International in Johannesburg on:

T: +27 (0) 60998 7348

Address to send Claim Forms to:

Claim forms can be submitted via the on-line portal in the Members Area of our website (www.expacare.com/members) or emailed to: claims@expacare.com or posted to:

Expacare Claims Department
Bracknell Enterprise Centre
Easthampstead Road
Bracknell, RG12 1NF
United Kingdom

What to do in an Emergency

In an emergency you (or someone acting on your behalf) must contact us on the emergency telephone numbers above, within 24 hours of hospital admission and before an emergency evacuation.

Claim Forms

Additional Claim Forms are available by contacting Expacare and from the Expacare website www.expacare.com. One claim form per medical condition must be submitted. If you are claiming for more than one medical condition, a separate claim form must be completed annually for each condition.

Timeframe for Claims Submission

Please send us your claim as quickly as you can, but no later than six months after the start date of your treatment. Claims submitted later than six months following the start date of your treatment will not be paid.

It is important for you to know that we are only able to reimburse medical expenses when we have received the claim form, all invoices and any additional information within 6 months of the treatment date. If claims have been paid by you, we will also require proof of payment.

If your course of treatment exceeds 6 months, please ensure you obtain and submit an interim invoice.

We strongly recommend that you keep copies of all documents.

Electronic Claims Submission

Claims documentation can be submitted to us via email to claims@expacare.com, or via the Members Online section of our website at www.expacare.com. It is important to note that you should retain all original copies of forms and invoices as Expacare reserves the right to request these documents for audit purposes.

Reasonable and Customary Costs

Your policy allows for reasonable and customary eligible costs, as determined by us, to be reimbursed or paid directly to a medical facility. You have the flexibility to choose the facility at which treatment takes place. However, you should be aware that, in the event of the costs being charged exceeding what we consider to be reasonable and customary, you may not receive a full refund of your expenses or you may need to pay additional fees to the medical facility. If you are concerned

about this, please call the above telephone number where you will be able to obtain advice on facilities where we know costs charged are reasonable and customary. We reserve the right to request that you attend a specialist/doctor of our choice for a second opinion.

Guarantee of Payment (GOP)

A GOP may be provided to medical facilities where the value of the treatment exceeds GBP 300 (or equivalent) and if the facility is prepared to accept our GOP.

Pre-authorising your claim in advance of receiving treatment – includes all in-patient treatment

All in-patient treatment and certain procedures/treatment (see below) must be pre-authorised by you or someone acting on your behalf and you must be in receipt of confirmation from us in writing before treatment takes place. You should inform us at least 5 days before admission or any treatment. Upon contacting us, you will be advised which documents we require in order to authorise your claim.

Specific Procedures/Treatment Requiring Pre-Authorisation

- Emergency Medical Evacuation
- Repatriation of mortal remains or local burial costs
- Hospital admission (in-patient treatment)
- Cancer treatment
- Psychiatric treatment
- Treatment for alcohol and drug addiction
- Over 7 sessions of physiotherapy
- Rehabilitation treatment as an alternative to acute care
- Maternity care
- Hospice care
- Over 7 sessions of Complementary Therapy
- Out of geographic area cover for emergency treatment

Important Note: If pre-authorisation is required but not sought, we will only pay up to 80% of what we consider to be reasonable and customary towards your claim. Please note that you are not covered for ANY costs for emergency evacuations or repatriation of your body, that we did not pre-authorise and arrange.

Claims for in-patient treatment

All in-patient treatment must be pre-authorised. Please refer to Pre-authorisation section above.

We can settle in-patient treatment costs directly with the hospital. This would normally involve us providing a 'guarantee of payment' (GOP) to the hospital which they need to accept.

GOP's can only be placed where treatment is due to take place within 30 days of notification. GOP's will not be placed where treatment is due to take place after the expiry of the policy.

Any costs not covered (including excesses which are not paid by the member), which remain unpaid, will result in future GOP's being declined.

In situations where a hospital does not accept our GOP, treatment can either be sought at an alternative hospital or you would need to pay for the treatment and submit a reimbursement claim to us for these costs.

Reimbursement claims including claims for out-patient treatment

Where direct settlement with a provider has not been possible, it will be necessary for you to pay the treatment costs and for you to claim reimbursement of these costs.

To ensure that your claim is processed as quickly as possible, you must:

- Complete an Expacare Claim Form in full
- Ensure that the form is signed by the person providing the service or treatment (Section B).
- If the claim is in respect of prescription drugs (including repeat prescriptions), please ensure that either a copy of the prescription and pharmacy receipt is attached to the claim form OR that the doctor completes the details of the medication prescribed on the claim form and a pharmacy receipt is provided.
- Ensure that you have signed the claim form (Section A). If the claimant is a child, the form must be signed by the parent/guardian.
- Submit the claim form, together with invoices and proof of payment if the claim is made by you, to Expacare at the address shown on the claim form and on the front of this guide or by email to claims@expacare.com.
- If submitting your claim via the Members Online section of the website claim details can be completed electronically with full invoices, receipts, doctor's forms and medical reports uploaded separately. Please visit www.expacare.com for further details.
- Claim payments are made by bank transfer. Please ensure that this section is fully completed (including IBAN or SWIFT numbers which are available from your bank).
- If you are claiming Hospital cash benefit a certificate confirming the in-patient treatment, the diagnosis, the date of admission and discharge will be required.

Further details regarding the settlement of claims on a reimbursement basis can be found in your Membership Guide and on the Expacare website www.expacare.com.

If you are in mainland UK

If you are receiving or looking for treatment in mainland UK, helpful information as to consultants and private hospitals is available on the PHIN website at www.phin.org.uk.